

JUICES 16oz 24oz

Norwalk Juice	7	10
(All juicer pulp pressed daily before opening)		
Carrot Head	7	10
Old Standby	8	11
(Carrot, Celery & Cilantro)		
Cabbage Patch	8	11
(Organic Cabbage, Carrot & beet)		
Custom V	10	13
Ginger Blast		
(Fresh lemon, ginger & maple syrup)		
Master Cleanser	7	10
(lemon, maple syrup, ginger, cayenne, garlic)		
Rare Combo	7	10
(carrot, apple, ginger)		
Cool Green Planet	9	12
(celery, broc, cucumber & parsley)		
Green Dream	8	11
(celery, cucumber, parsley, pineapple & minerals)		
Orange Pineapple Vanilla Froth		
(Orange, Pineapple, Vanilla)		
	7	10
Endeavor	9	12
(carrot, beet, cucumber)		
Beet the Blues	8	11
(carrot & beet)		
Custom Super Juice	11	15
(choice of veggies & fruit)		
Organic Apple Juice	5	7
Organic Orange Juice	5	7
Big Splash	8	11
(carrot, celery, cucumber, kale, pineapple, lemon)		

ORGANIC OASIS

RESTAURANT & JUICE BAR
2610 SPENARD ROAD, ANCHORAGE, AK

277-7882 or

USE ONLINE ORDERING

AT ORGANICOASIS.COM or [FACEBOOK](https://www.facebook.com/organic.oasis)

CAFE GRILL HOURS

Mon, Tues, Wed, Fri, Sat 11 am to 7 pm
Thursday 11 to 8 * Sunday 12pm to 5 pm

JUICE BAR HOURS

Mon, Sat 11 am to 6 pm * Sunday 12pm to 5 pm

MISSION: To provide organic juices, coffees, smoothies, light lunches, meals & quality health products in a clean upscale environment to the people of Anchorage

VISION: To be more than successful, more than enduring, to be the best in our industry.

WHEAT GRASS JUICE

First timers beware, wheat grass is potent.

Our wheat grass is house grown in organic soil. We use organic red winter wheat berries. Our crop takes a week to grow. Hydrate well afterwards. This product greatly oxygenates the hemoglobin & cleanses the soft tissues, organs & glands

Wheat Grass Juice	1oz	2
Grasshopper	16oz	8
(blended banana, ginger, apple juice & 2oz. Grass)		
Rubies & Emeralds	4oz	6
(2oz grass juice & 2oz red beet juice)		
Ginger Grass	1oz	2.50
(ginger and wheatgrass)		
	2oz	4.50
Cilantro Grass	1oz	2.50
(cilantro and wheatgrass)		
	2oz	4.50
Latin Double Shot	2oz	4.50
(double shot, cilantro & bird's-eye cayenne)		

SMOOTHIES

	16oz	24oz
Ambrotose Immune Booster		
10 Banana, Blueberry, Lecithin, Flax Oil, Spirulina, 1 tsp Ambrotose, Apple Juice		14
High Protein	10	14
Blueberry, Lecithin, FLax Oil, Spirulina, Free-Range Whey, Water		
Peanut Butter Conspiracy		
10 Banana, Chunky Peanut Butter, Lecithin, Flax Oil, Spirulina, Apple Juice		14
Mineral King	8	11
Norwalk Pressed Veggie Juice, Flax Oil, Lecithin, Minerals & Spirulina Buzzed Up To A Malty Flavor		
Mineral Queen	8	11
Apple Juice, Flax Oil, Lecithin, Minerals & Mars Mix Buzzed Up To A Malty Flavor		

SMOOTHIE MIXES

EARTH MIX (Green color)

(Athletes, Weight Loss, Muscle Building, Energy)

Ingredients: Spirulina, Bee Pollen, Chlorella, Barley Grass, Wheat Grass, Mature Green Papaya Powder, Inulin (Chicory), Jerusalem Artichoke Powder, L. Acidophilus and at least 72 Ionic Trace Minerals extracted from sea water.

GALAXY MIX (Green color)

(Stamina & Endurance)

Ingredients: Spirulina, Chlorella, Kelp, Barley Grass, Wheat Grass, Beet, Magnesium, Mature Green Papaya, Jerusalem Artichoke Powder, Inulin (Chicory), Calcium, L. Acidophilus & Buffered Vitamin C and at least 72 Ionic Trace Minerals extracted from sea water.

MOON MIX (Blonde color)

(Cleansing, Clarity & Weight Loss)

Ingredients: Mature Green Papaya Powder, Flax Seed Meal, Inulin (Chicory), Pectin, Rice Bran, Kelp, Calcium, Magnesium, L. Acidophilus & at least 72 Ionic Trace Minerals extracted from sea water.

MARS MIX (Green color)

(Whole Food Muscle Building Plant Energy)

Ingredients: Bio Luminia Spirulina, Chia Seed, Pectin, Klamath Blue Green Algae, Blanched Almond, Hemp Nut, Maca, Vitamin C, Pro GH, Trace Minerals, MSM, Red Beet Powder, Ribose, Creatine, Jerusalem Artichoke Powder, Mature Green Papaya Powder

SMOOTHIES

16oz 24oz
Your choice of smoothie mix
for the following smoothies

Sunrise	9	13
Strawberries, Pineapple, Flax Oil, Coconut, Lecithin, Apple Juice		
Fruit Patch	9	13
Strawberries, Pineapple, Flax Oil, Blueberry, Lecithin, Apple Juice		
Beach Comber	9	13
Banana, Strawberry, Coconut, Flax Oil, Lecithin, Apple Juice		
Green Flash	9	13
Strawberries, Mangoes, Kale, Lecithin, Apple Juice, Flax Oil		
Orange Blossom Special		
9	13	
Orange Juice, Lecithin, Banana, Bee Pollen, Minerals, Vanilla, Flax Oil		
Mango Tango	9	13
Mango, Banana, Strawberry, Coconut, Apple Juice, Flax Oil, Lecithin		
Piña Colada	9	13
Pineapple, Banana, Coconut, Vanilla, Lecithin, Flax Oil, Apple Juice		
Big Island	9	13
Banana, Blueberry, Macadamia Nuts, Lecithin, Flax Oil, Apple Juice		
*The Explorer (BEST DEAL)		
10	13	
choice of any fruit combination, Apple Juice, lecithin, flax oil & two mixes		

ADDITIVES

BEE POLLEN	2
FLAX OIL	2
MINERALS	1
MGPP	1
ANY SMOOTHIE MIX	2
FREE RANGE WHEY	2



Smoothie mixes also for sale
in the retail cooler.