

JUICES

16oz

24oz

| | | |
|--|----|----|
| Carrot Head | 7 | 10 |
| Old Standby (carrot, celery & cilantro) | 8 | 11 |
| Cabbage Patch (organic cabbage, carrot & beet) | 8 | 11 |
| Custom V (veggies of your choice) | 9 | 12 |
| Ginger Blast (Fresh lemon, ginger & maple syrup) | 6 | 9 |
| Master Cleanser (lemon, maple syrup, ginger, cayenne, garlic) | 7 | 10 |
| Rare Combo (carrot, apple, & ginger) | 7 | 10 |
| Cool Green Planet (celery, broc, cucumber & parsley) | 9 | 12 |
| Orange Pineapple Vanilla Froth | 7 | 10 |
| Endeavor (carrot, beet, cucumber) | 9 | 12 |
| Beet the Blues (carrot & beet) | 8 | 11 |
| Custom Super Juice (veggies & fruit-your choice) | 11 | 15 |
| Organic Apple Juice | 5 | 7 |
| Organic Orange Juice | 5 | 7 |
| Big Splash (carrot, celery, cucumber, kale, pineapple, lemon) | 8 | 11 |

WHEAT GRASS

First timers beware, these drinks are potent

Our wheat grass is home grown in organic soil from organic red winter wheat
Hydrate well after consuming. This product oxygenates the hemoglobin

Wheat grass shot by the ounce - - - - - 2

Grasshopper banana, ginger, apple juice & 2 oz. Grass 16 oz for 8

Rubies & Emeralds 4 oz for 6

2 oz red winter wheat grass juice & 2 oz red beet juice

Ginger Grass ginger and wheatgrass 1 oz for 2.50 2 oz 4.50

Cilantro Grass cilantro and wheatgrass 1 oz for 2.50 2 oz 4.50

Latin Double Shot 2 oz for 4.50

double shot with fresh cilantro & bird's-eye cayenne

SMOOTHIES

16oz

24oz

| | | |
|--|----|----|
| Ambrotose Immune Booster | 10 | 14 |
| banana, blueberry, lecithin, flax oil, spirulina & tsp Ambrotose, & AJ | | |
| High Protein | 10 | 14 |
| blueberry, lecithin, flax oil, spirulina, free-range whey & water | | |
| Peanut Butter Conspiracy | 10 | 14 |
| banana, chunky peanut butter, lecithin, flax oil, spirulina, & AJ | | |
| Mineral King | 9 | 12 |
| Norwalk pressed veggie juice, flax oil, lecithin, minerals & Spirulina buzzed up to a malty flavor | | |
| Mineral Queen | 8 | 11 |
| Organic apple juice, flax oil, lecithin, minerals & Mars Mix buzzed up to a malty flavor | | |

Choose a smoothie mix for the following smoothies:

| | | |
|---|----|----|
| Sunrise | 9 | 13 |
| strawberries, pineapple, coconut, lecithin, flax oil, & AJ | | |
| Fruit Patch | 9 | 13 |
| strawberries, pineapple, blueberry, lecithin, flax oil, & AJ | | |
| Beach Comber | 9 | 13 |
| banana, strawberry, coconut, lecithin, flax oil, & AJ | | |
| Green Flash | 9 | 13 |
| mango, strawberries, kale, lecithin, flax oil, & AJ | | |
| Orange Blossom Special | 9 | 13 |
| orange juice, banana, bee pollen, minerals, vanilla, lecithin, & flax oil | | |
| Mango Tango | 9 | 13 |
| mango, banana, strawberry, coconut, lecithin, flax oil, & AJ | | |
| Piña Colada | 9 | 13 |
| pineapple, banana, coconut, vanilla, lecithin, flax oil, & AJ | | |
| Big Island | 9 | 13 |
| banana, blueberry, Macadamia nuts, lecithin, flax oil, & AJ | | |
| *The Explorer (BEST DEAL) | 10 | 14 |
| choice of any fruit combination, AJ, lecithin, flax oil & two mixes | | |

SMOOTHIE MIXES Smoothie mixes also for sale in the retail section

EARTH MIX (Green color) (Athletes, Weight Loss, Muscle Building, Energy)

Ingredients: Spirulina, Bee Pollen, Chlorella, Barley Grass, Wheat Grass, Mature Green Papaya Powder, Inulin (Chicory), Jerusalem Artichoke Powder, L. Acidophilus, Lipase, Protease, Amylase, Cellulase and at least 72 Ionic Trace Minerals extracted from sea water

GALAXY MIX (Green color) (Stamina & Endurance)

Ingredients: Spirulina, Chlorella, Kelp, Barley Grass, Wheat Grass, Beet, Magnesium, Mature Green Papaya, Jerusalem Artichoke Powder, Inulin (Chicory), Protease, Amylase, Lipase, Cellulase, Calcium, L. Acidophilus & Buffered Vitamin C and at least 72 Ionic Trace Minerals extracted from sea water

MOON MIX (Blonde color) (Cleansing, Clarity & Weight Loss)

Ingredients: Mature Green Papaya Powder, Flax Seed Meal, Inulin (Chicory), Pectin, Rice Bran, Kelp, Calcium, Magnesium, L. Acidophilus, breve, Lipase, Protease, Amylase, Sucrase, Maltase & at least 72 Ionic Trace Minerals extracted from sea water

MARS MIX (Green color) (Whole Food Muscle Building Plant Energy)

Ingredients: Bio Luminia Spirulina, Chia Nut, Pectin, Klamath Blue Green Algae, Blanched Almond, Hemp Nut, Maca, Vitamin C, Pro GH, Trace Minerals, MSM, Red Beet Powder, Lipase, Protease, Amylase, Cellulase, Ribose, Creatine, Jerusalem Artichoke Powder, Mature Green Papaya Powder

FREE RANGE WHEY (Blonde color) (Athletes, Muscle Building, Energy)

Ingredients: Whole whey protein powder concentrate (6.4 TBL PROVIDES 26gm PROTEIN)

one serving 2